



Eat Clean. Eat Local. Be great.



[www.lgrfarms.com](http://www.lgrfarms.com)

# OUR OWNER

Owned by NBA Player and Oklahoma Native,  
Ekpe Udoh

- Born and raised in Oklahoma by his native Nigerian parents, Ekpe Udoh learned the value of hard work and vision. With that vision he earned a career in the NBA and he continues that vision with LGR Farms LLC. It was after Udoh began his professional basketball career that he began to experience the world and the different types of foods. Udoh wanted to share this new passion with his community providing healthy foods at affordable prices became his mission. Udoh's goal is to have affordable produce to inner city poverty areas and educate the community about agriculture.



# HYDROPONIC FARMING



## hy•dro•pon•ics

(noun) the cultivation of plants by placing the roots in liquid nutrient solutions rather than in soil; soilless growth of plants.





# LGR FARMS

A hydroponic farm in a recycled storage container that uses a hydroponic system to grow pesticide and herbicide free vegetables and herbs. Our farms can be operated by phone or computer and only requires approximately 15-20 hours of harvesting.

LGR Farms offers more than 50 varieties of leafy greens and herbs. The container's closed environment protects plants from pests and weeds. This decreases the chance of foodborne illnesses, such as E. coli, because we use proper food safety protocols.





# LGR CORE VALUES



**Sustainability**



**Community**



**Reach**



**Educate**

# Oklahoma State University- OKC

- We appreciate the passion of OSU-OKC, and LGR Farms would like to supply the community with fresh produce, while educating students on the innovative ways to farm. LGR Farms work with OSU-OKC horticulture and business students to participate in an internship program where students can receive capstone hours, college credit, and work study opportunities. The hands on work experience will prepare students for new technology that comes with modern day farming.



# OUR GOALS

## First

To educate and help students gain knowledge of modern day farming

## Second

To work with local communities in need to provide fresh and affordable produce

## Third

To assure communities have access to local and fresh produce



## Be Great

Achieving great success is one step at a time.



# CROPS WE GROW

LGR Farms offer more than 100 variety of crops; from herbs, flowers, and leafy greens. We also specialize in the crops listed below:

- Arugula
- Spinach
- Butterhead Lettuce
- Romaine Lettuce
- Collard/Mustard Greens
- Rainbow Chard
- Kale



# SOCIAL RESPONSIBILITY

- LGR Farms is committed to impacting communities in need. We have several partnerships across the nation to ensure communities receive healthy organic options and we plan to partner in other locations where our farms are located.
- LGR Farms has created a program for students to receive college credit and work experience for working in the farm. Our focus is to offer this program to college students interested in agriculture, also offer tours to students K-12.
- LGR Farms will be donating a minimum of 10% of their crops to shelters, farmer's markets, and inner city schools



# WANT TO BE GREAT?

We can be reached by email at  
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405-759-0318 or visit our  
website at [www.lgrfarms.com](http://www.lgrfarms.com)



**LOR**



F A R M S

**THANK YOU**