DR. DARIUSH MOZAFFARIAN

Brief Bio:

Dariush Mozaffarian is a cardiologist, Director of the Food is Medicine Institute at Tufts University, and author of the book, *Food is Medicine* (Holt/Macmillan). He serves as Distinguished Professor, Dean Emeritus, and Jean Mayer Professor; and is clinically active in cardiology at Tufts Medical Center. His work aims to create the evidence and translation for a food system that is nutritious, equitable, and sustainable. Dr. Mozaffarian is a global authority in Food is Medicine, has authored nearly 700 scientific publications, and has served in numerous advisory roles. His work has been featured in leading media outlets, and Thomson Reuters has named him as one of the World's Most Influential Scientific Minds. Dr. Mozaffarian received his B.S. in biological sciences from Stanford, M.D. from Columbia, Doctorate in Public Health from Harvard, and clinical training in internal medicine at Stanford and in cardiology at the University of Washington. He is married, has three children, and actively trains as a Fourth Degree Black Belt in Taekwondo.