

THE HISTORY OF ANOSOGNOSIA



1914 JOSEPH BABINSKI

First described the condition in patients with brain damage who were unaware of their deficits.



1940s–1950s RECOGNIZED IN NEUROLOGY

Further documented in stroke and brain injury, especially with right hemisphere damage.



1960s–1970s EXPANDED TO PSYCHIATRY

Observed in schizophrenia and other mental health conditions.



1980s–PRESENT RESEARCH & UNDERSTANDING GROW

Neuroscience advances reveal the brain networks involved in self-awareness and insight.



**ANOSOGNOSIA IS NOT A CHOICE.
IT'S A NEUROLOGICAL DISCONNECTION
THAT AFFECTS SELF-AWARENESS.**

#AnosognosiaIsAWord is a grassroots effort aimed at getting the term officially recognized in mainstream dictionaries and spellchecks, while also raising awareness about its meaning and the impact of this brain symptom.

Look it up.

#MarksLegacy

#TwistedSistersAdvocacyAndActivismForSBD

#VisionsBy



~ Catherine J. Rippee-Hanson

Anosognosia

[an-oh-sog-NO-zhuh]



**Anosognosia is why
voluntary systems fail
so many.**

**#AnosognosialsAWord is a grassroots campaign to get
the term officially recognized in mainstream dictionaries
and spellcheck systems.**

Understanding the Medical Reality

Psychosis is a medical condition involving a loss of contact with reality — not a character flaw, bad behavior, or moral failure. It can include hallucinations, delusions, paranoia, disorganized thinking, and lack of insight (anosognosia).

A person in psychosis cannot simply choose to get help



Anosognosia, also called “lack of insight” is a neurological condition that can make people unaware of their symptoms and experiences.

Anosognosia is estimated to impact 50-98% of people living with schizophrenia.

Anosognosia

[an-oh-sog-NO-zhuh]



**Insight isn't a choice —
it's a brain function. Lack
of insight is not denial.**

Anosognosia:

ano·sog·no·sia | [ə-nō'sŏg-nō'zē-ə, -zhə]

A symptom of severe mental illness experienced
by some that impairs a person's ability to
understand and perceive their illness



TREATMENT
ADVOCACY
CENTER

Anosognosia

[an-oh-sog-NO-zhuh]



**You can't punish someone
into insight.**

**You can't reason with a
symptom.**

Look it up.

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