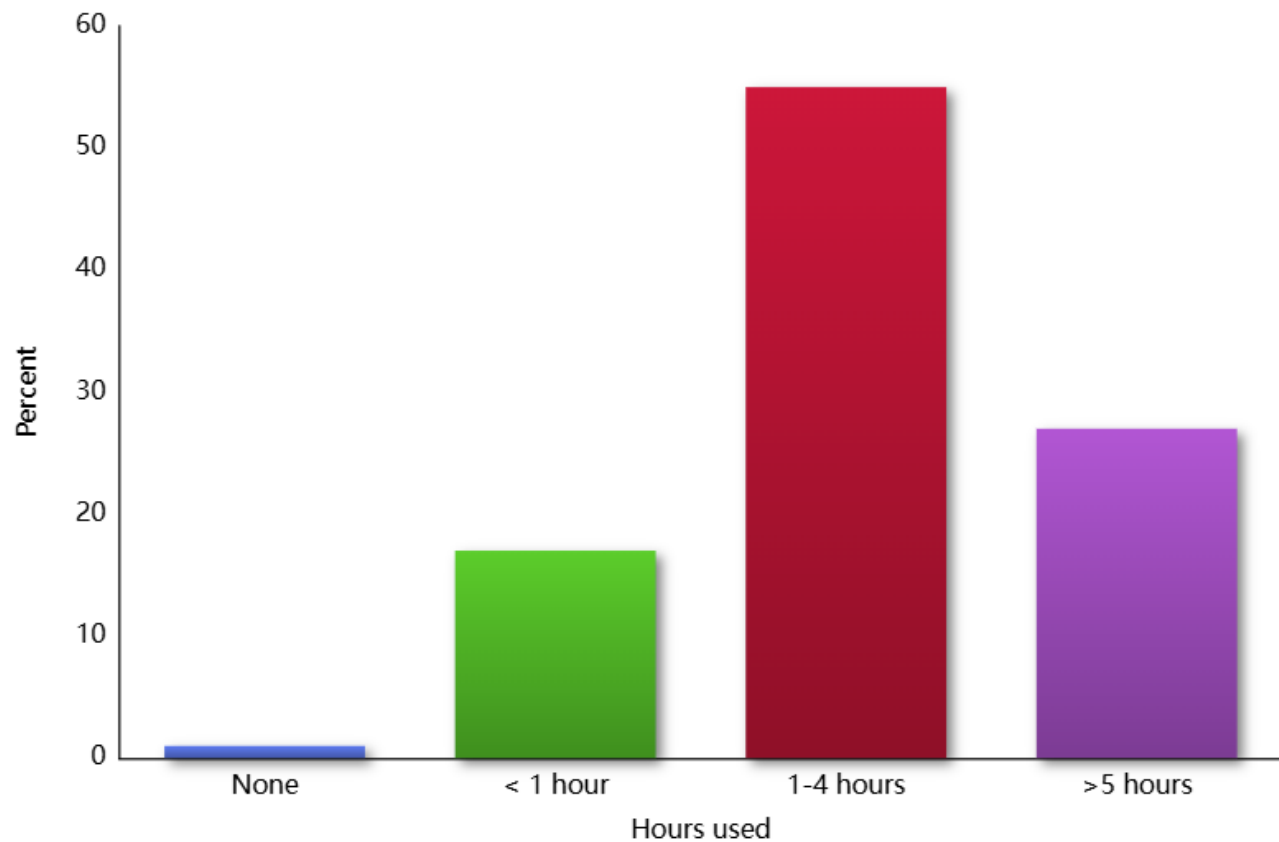


Reducing Screen Time In Schools

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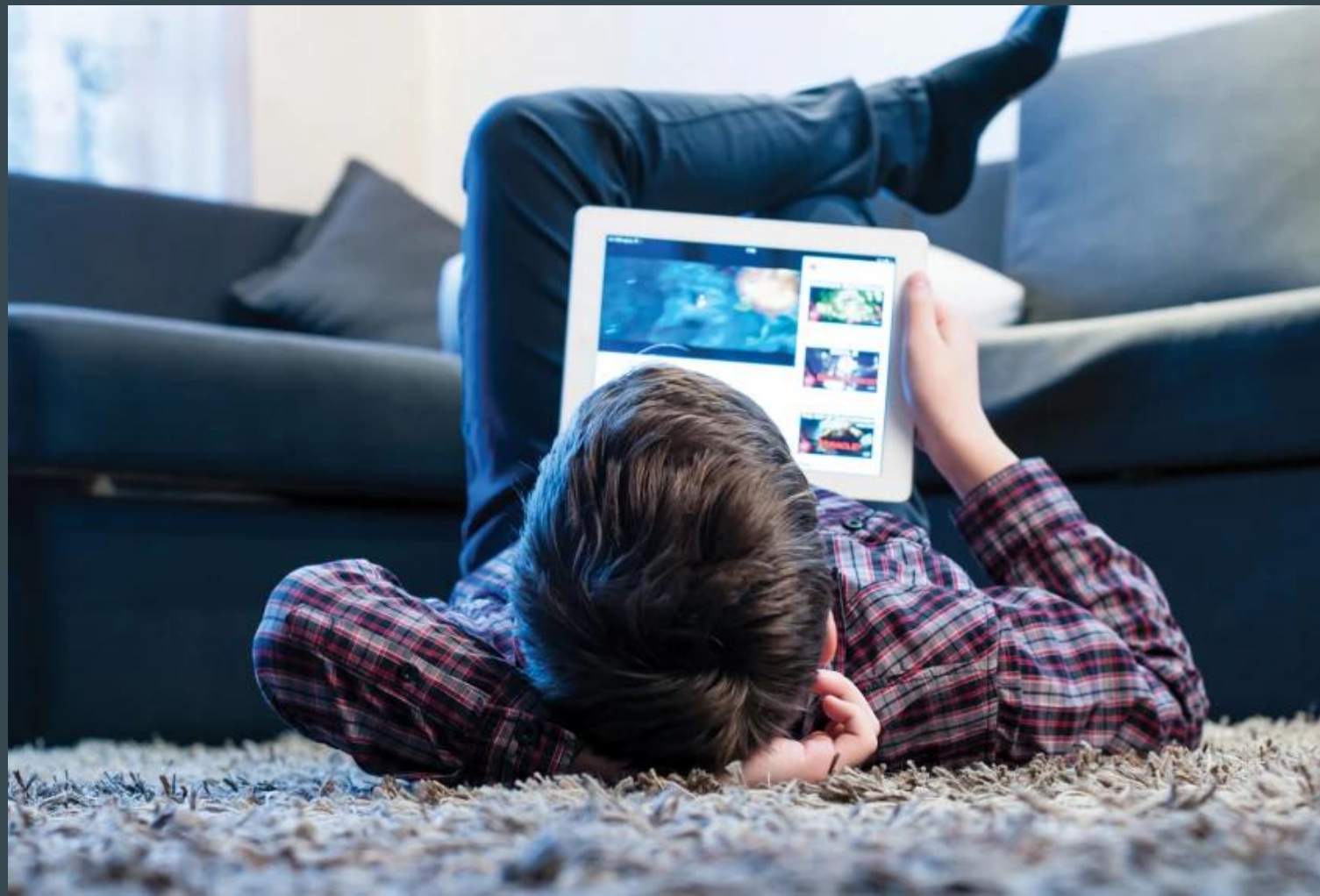
Daniel Buck

Screen Time in Schools



A photograph showing a dense forest of kudzu vines covering trees and a field of kudzu in the foreground. The vines are thick and green, forming a wall-like structure. The foreground is a field of low-lying kudzu plants. The background shows a line of trees under a clear sky.

KUDZU





\$1 Billion





ESSER Funds

Elementary and Secondary
School Emergency Relief





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Smartphone Bans, Student Outcomes and Mental Health

BY Sara Abrahamsson

DISCUSSION PAPER

NHH



Institutt for samfunnsøkonomi
Department of Economics

SAM 01/24

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1. Reduced the number of consultations for psychological symptoms by 2–3 visits per year
2. Lowered the incidence of bullying.
3. Gains for girls in both their GPA and externally graded mathematics exams.
4. These benefits are particularly strong for students from low socioeconomic backgrounds.
5. The effects are particularly strong at schools with the strictest bans, requiring students to hand in or lock away their phones, not just place them on silent mode



Everyone needs:

Strong-tie relationships



Weak-tie relationships



Handwriting is better



1) Slower

1) Physical



Three considerations

- 1) Hold tech vendors accountable for ROI
- 1) Computers for educationally necessary purposes only
- 1) Prohibitions on social media in the classroom