



# Mental Health and Police

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Interim study October 2022



# Primary Duties

- BUILD RELATIONSHIPS
- Care for our first responders
  - Specialized therapeutic modalities to address trauma and stress
    - Eye movement desensitization and reprocessing (EMDR)
  - Referral services for their family
  - Holistic approaches to daily stress reduction
    - Light therapy lamps
    - Stress balls
  - Address confidentiality needs
    - Secondary email
    - Secondary therapeutic location
  - Assist the peer support team



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# Secondary Duties

- Help our officers help our community
  - Liaison between all local mental health resources
  - Educate our officers on new resources and how to use them
  - Provide mental health training (communication & de-escalation)
  - Consult on high need consumers
  - Consult on hostage negotiation team
  - Consult on threat assessment team



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# Funding

- 100% city funded
- Total costs with benefits= 96,616.51



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