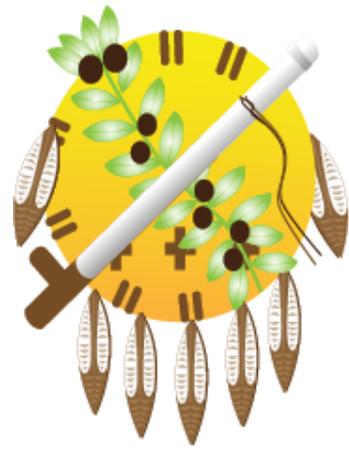


Making Healthy Cheaper



OPEH&W

Health *Plan*

www.opehw.com

Improving Mental Health

Challenges



Requirements

- 1. Remove Societal Pressures as an Issue**
- 2. Highly Accessible**
- 3. No Cost to the Individual**
- 4. No Limits**
- 5. Multiple Therapy Approaches**
- 6. Program Individualization**
- 7. Multiple Communication & Learning Style Approaches**
- 8. Recurring Multi-Channeled Communication Strategy**
- 9. Proactive Identification & Management**

Solutions

MDLIVE[®]

 **learntolive**

inMynd

SilverCloud

Outcomes

48% of MDLIVE Interactions are for Mental Health

24% Anxiety Disorders

11% Depressive Disorders

4% PTSD

9% Other Disorders

40% identified individuals are proactively managed

1/2 of these are also being managed for other medical conditions