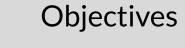


Facilitating Lactation Among Incarcerated Women

Chauntel Norris, LCCE, CLC

Ashley Lovell, MS, LCCE, CD(DONA)



alabama prison birth project



- Female Incarceration
 - o Oklahoma
- Lactation Programs in Corrections
- Costs and Benefits
- In Her Own Words































Females Incarcerated in Oklahoma

- Mental diagnoses
- Majority non-violent
- Majority first time convictions
- High rate of intimate partner violence
- Nationally, 94% of women who are incarcerated are released eventually

Recidivism

- Connection to children and family members
- Major depressive disorders



Lactation Programs In Corrections





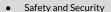
Life Saving Benefits of Breastmilk

- Reduces risks of infant mortality (death in first year of life)

 - Gastrointestinal infections
 - Respiratory Infections
 - Meningitis
 - Leukemia
 - Provides important immune protection
- Reduces chronic illnesses which are costly
- Diabetes, asthma, ear infections
- Reduces maternal risks of
 - Breast Cancer
 - Ovarian Cancer
 - Osteoperosis
 - Hypertension



Practical Benefits of Lactation Program



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- o Trauma informed care evidence based
- Better mental health outcomes = better
- o Better hormonal regulation among mothers = better behavior
- Health cost savings per child
 - o One study using 1995 health care costs estimated \$475 in first year of life per child*
- Health cost savings per mother
- Increased likelihood of recruiting future breastfeeders
- Prison culture change
- Along with other interventions, increased connection to children = lower recidivism rates







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Costs of Lactation Program

- Implementation \$4100
 - Space
 - Pumps

 - Lockers
 - Freezer
- Yearly maintenance costs-\$5200
 - Staff time
 - Shipping
- For a smaller jail, these costs would be much lower, and many of the supplies can be donated by community







Overview of Our Program

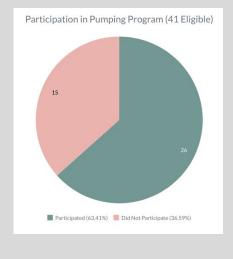






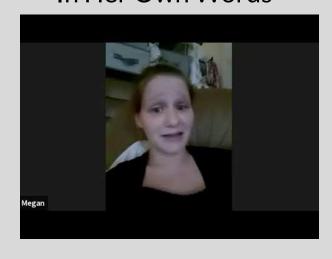
Pumping Outputs June 2018 - Present n = 26 Participants, 27 newborns

Range (wk)	Avg. Length (wk)	Range (oz)	Avg. Amt. (oz)	Total Amt. (oz)
<1 to 24	5.68	15 to 2,512	580	15,060

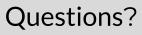




In Her Own Words







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