



**OKLAHOMA**  
Mental Health &  
Substance Abuse

SERVICES WITHIN REACH



# Interim Study on Youth Suicide and Prevention Efforts

Commissioner Carrie Slatton-Hodges

# The Fruits of Labor



- Youth Mobile Response Impact
- Senate Bill 21
- House Bill 1103
- On the Horizon
  - Comprehensive Crisis Response Continuum
  - American Rescue Plan Projects



# Youth Mobile Response



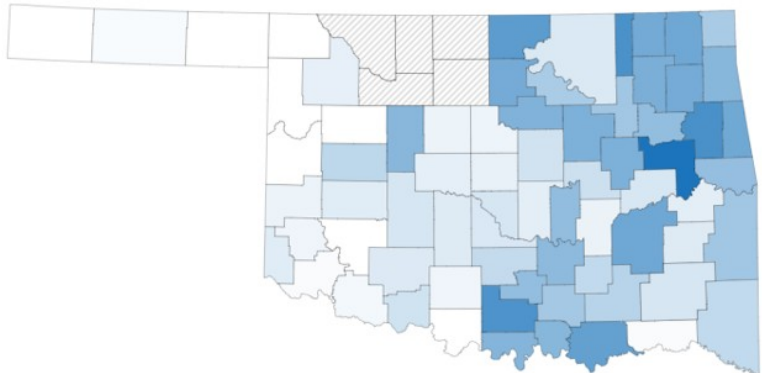
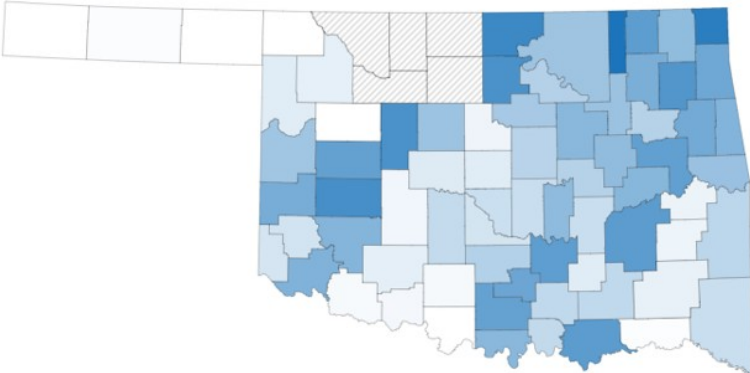
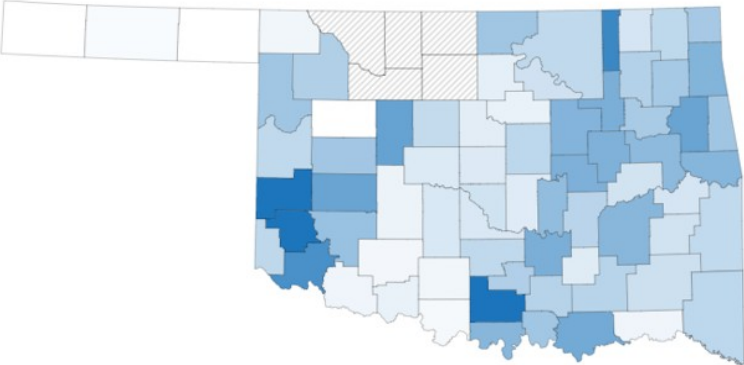
- Rapid community-based mobile crisis intervention services for children, youth and young adults experiencing a behavioral health or psychiatric distress
- Approximately 8,000 served annually
- Outcomes
  - **90%** diverted from school detention and suspension
  - Prevented **69%** of youth in OKDHS custody from disrupting placements
  - **78%** of callers reported that crisis was resolved through mobile response team

# Youth Mobile Response Heatmap Comparison

2019  
January - August

2020  
January - August

2021  
January - August



# School-Based Suicide Prevention



- **Training Options**
  - eLearning Self-Paced
  - Virtual Live
  - Face-to-Face
  - Train the Trainer
- **Technical Assistance**
  - Consultation for advanced content learning
  - Policy development and implementation
- **Community Partners Activated**
  - Local treatment providers cross-trained to assist
- **Successes to Date**
  - Over 8,000 teachers and school staff trained since July 2021

# Oklahoma Prevention Needs Assessment



- **Importance of Tool**
  - 1 in 10 students attempted suicide in the last 12 months
- **State-Level Collaborative Effort**
  - Strong partnership between, OSU, OSDE & ODMHSAS
  - Builds on a Multi-Tiered System of Supports (MTSS)
- **Technical Assistance and Support Offered**
  - Consultation offered to better integrate approaches like Project AWARE (Advancing Welfare And Resilience Education) and BISS (Behavioral Intervention Services and Supports)
- **Successes to Date**
  - Approximately 50% of school districts participate currently
  - Decreases in some high-risk behaviors such as binge drinking

**Current  
State of Crisis** 

4.1% of adults in Oklahoma had serious thoughts of suicide in the past year. 1 in 10 students reported attempting suicide in the past 12 months. **Each week, approximately 300 Oklahomans are admitted for urgent care or crisis mental health services.**

**Goal** 

The ODMHSAS believes that Oklahomans deserve to have mental health and addiction services within reach. Building the Comprehensive Crisis Response Continuum is an evidenced-based approach to helping us reach this goal, **meeting people where they're at, when they need it most.**

**Overview** 

ODMHSAS is building a comprehensive crisis response continuum to enhance services Oklahomans receive when experiencing a psychiatric emergency with the goal of providing immediate access at the lowest level of care.



**1**

**One Call Away  
Helpline** 

It all starts with an easy to remember helpline number (988) staffed by mental health professionals to answer calls around the clock of those experiencing a mental health crisis. Approximately 80% of crisis calls can be resolved at this touchpoint.

**2**

**When Necessary  
Mobile Crisis Team** 

When needed, the 988 call center will dispatch statewide mobile crisis teams to the situation for further assessment and intervention. Approximately 70% of crisis situations can be resolved at this touchpoint.

↓ Reducing the need for law enforcement intervention and costly hospitalizations.

**3**

**Follow Up  
Appointments** 

Every level of the continuum will be equipped with the ability to make same day or next day appointments at every Community Mental Health, Community Behavioral Health, and Comprehensive Community Addiction Recovery Centers across Oklahoma.

**4**

**Integrated  
Technology** 

Every law enforcement officer across the state will be equipped with 24/7 access to a licensed behavioral health practitioner to assist with assessment, evaluation, and connection to treatment.

**5**

**Getting There  
Transportation** 

Each year, over 20,000 trips are made by law enforcement to assist Oklahomans in need of mental health crisis services. This model allows the ability for private sector companies to provide transportation services to individuals experiencing a psychiatric crisis greater than 30 miles.

↓ Reducing the need for law enforcement to transport long distances.

+ Will place mental health professionals in law enforcement dispatch in the metro areas.

**6**

**Nearby Care  
Facilities** 

The continuum will add 50% more urgent care and crisis centers across the state – diverting 90% of those needing inpatient psychiatric hospital care.

↓ Minimizing law enforcement travel for assessment and treatment.

# American Rescue Plan Project Proposals

## Hospital Infrastructure

- Tulsa Center for Behavioral Health
- Griffin Memorial Hospital



## Mobile Technology

- Shown to improve overall mental health outcomes
  - Reduce feelings of isolation and loneliness
  - Decrease barriers to treatment
  - Increase patient participation in treatment
  - Improve access to services when and where needed most





# For More Information



**OKLAHOMA's**  
*Comprehensive  
Crisis Response* 



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[odmhsas.org](http://odmhsas.org)



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